

## 19 Questions to Ask When Choosing a Long-Term Care Community for Your Loved One

- 1. What levels of care does your community provide?
- 2. What type of training does your staff receive?
- 3. What level of personal assistance can residents expect?
- 4. What is your ratio of staff to residents during the day/night?
- 5. What is your policy for handling medical emergencies?
- 6. How is your community kept safe and secure?
- 7. Does your community accommodate special care needs, such as diabetic care, mobility issues, or physical aggressiveness?
- 8. What meals are provided? Are special dietary requests accommodated?
- 9. How often are housekeeping and laundry services provided?
- 10. How do you get to know residents on a personal level?
- 11. How does your care community communicate with families about a resident's well-being?
- 12. Has your community been recognized by or won awards from industry organizations?
- 13. How frequently are residents able to engage with others of a different generation; specifically, babies and children?
- 14. What spiritual care (worship, bible study) is available for residents to be a part of?
- 15. What outdoor spaces (patio, courtyard) and activities does your community offer?
- 16. What programs to keep residents active (exercise, physical therapy) does your community offer?
- 17. How does your care community go about planning activities for residents? Can you provide me with the activity calendar for this month?
- 18. What meaningful events or projects (community events, mission projects) does your community offer residents?
- 19. What is the mission of your care community? How does that impact the care that residents receive?

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