



21 Questions to Ask When Choosing a Memory Care Community for Your Loved One

1. What levels of memory care does your community provide?
2. What type of dementia-specific training does your staff receive?
3. What level of personal assistance can residents expect?
4. What is your ratio of staff to residents during the day/night?
5. What is your policy for handling medical emergencies?
6. How are your care communities kept safe and secure?
7. Does your care community accommodate special care needs, such as diabetic care, mobility issues, physical aggressiveness or wandering?
8. What meals are provided? Are special dietary requests accommodated?
9. How often are housekeeping and laundry services provided?
10. How do you get to know residents on a personal level?
11. How does your care community communicate with families about a resident's well-being?
12. Has your care community been recognized by or won awards from industry organizations?
13. How does your care community use the physical environment to provide a higher quality of life for residents?
14. How frequently are residents able to engage with others of a different generation; specifically, babies and children?
15. What spiritual care (worship, bible study) is available for residents to be a part of?
16. What safe and secure outdoor spaces (patio, deck) and activities does your care community offer?
17. How does your care community use technology and innovative programs (It's Never 2 Late, Music & Memory) to improve quality of life for residents?
18. What programs to keep residents active (exercise, physical therapy) does your care community offer?
19. How does your care community go about planning activities for residents? Can you provide me with the activity calendar for this month?
20. What meaningful events or projects (community events, mission projects) does your care community offer residents?
21. What is the mission of your care community? How does that impact the care that residents receive?